

I ask about tobacco!

**I promote a
smoke-free
recovery.**

Stop smoking
for surgery.



I ask about tobacco!

**I promote a
smoke-free
recovery.**

Stop smoking
for surgery.



I ask about tobacco!

**I promote a
smoke-free
recovery.**

Stop smoking
for surgery.



I ask about tobacco!

**I promote a
smoke-free
recovery.**

Stop smoking
for surgery.



I ask about tobacco!

**I promote a
smoke-free
recovery.**

Stop smoking
for surgery.



I ask about tobacco!

**I promote a
smoke-free
recovery.**

Stop smoking
for surgery.



I ask about tobacco!

**I promote a
smoke-free
recovery.**

Stop smoking
for surgery.



I ask about tobacco!

**I promote a
smoke-free
recovery.**

Stop smoking
for surgery.



I ask about tobacco!

**I promote a
smoke-free
recovery.**

Stop smoking
for surgery.



I ask about tobacco!

**I promote a
smoke-free
recovery.**

Stop smoking
for surgery.



The 5A's

- Ask** - about tobacco
- Advise** - tobacco users to quit
- Assess** - commitment to change
- Assist** - link to quitnow and HealthLinkBC 8-1-1
- Arrange** - follow up with quitnow services



The 5A's

- Ask** - about tobacco
- Advise** - tobacco users to quit
- Assess** - commitment to change
- Assist** - link to quitnow and HealthLinkBC 8-1-1
- Arrange** - follow up with quitnow services



The 5A's

- Ask** - about tobacco
- Advise** - tobacco users to quit
- Assess** - commitment to change
- Assist** - link to quitnow and HealthLinkBC 8-1-1
- Arrange** - follow up with quitnow services



The 5A's

- Ask** - about tobacco
- Advise** - tobacco users to quit
- Assess** - commitment to change
- Assist** - link to quitnow and HealthLinkBC 8-1-1
- Arrange** - follow up with quitnow services



The 5A's

- Ask** - about tobacco
- Advise** - tobacco users to quit
- Assess** - commitment to change
- Assist** - link to quitnow and HealthLinkBC 8-1-1
- Arrange** - follow up with quitnow services



The 5A's

- Ask** - about tobacco
- Advise** - tobacco users to quit
- Assess** - commitment to change
- Assist** - link to quitnow and HealthLinkBC 8-1-1
- Arrange** - follow up with quitnow services



The 5A's

- Ask** - about tobacco
- Advise** - tobacco users to quit
- Assess** - commitment to change
- Assist** - link to quitnow and HealthLinkBC 8-1-1
- Arrange** - follow up with quitnow services



The 5A's

- Ask** - about tobacco
- Advise** - tobacco users to quit
- Assess** - commitment to change
- Assist** - link to quitnow and HealthLinkBC 8-1-1
- Arrange** - follow up with quitnow services



The 5A's

- Ask** - about tobacco
- Advise** - tobacco users to quit
- Assess** - commitment to change
- Assist** - link to quitnow and HealthLinkBC 8-1-1
- Arrange** - follow up with quitnow services



The 5A's

- Ask** - about tobacco
- Advise** - tobacco users to quit
- Assess** - commitment to change
- Assist** - link to quitnow and HealthLinkBC 8-1-1
- Arrange** - follow up with quitnow services

